

Thank God it's

# YOGA

Beach festival!

22 JULY 2018

## TIMETABLE

Terrace      Beach

11.15 - 12.30

Gentle Hatha      Yin

12.45 - 14.00

Pranayama      Integral

14.15 - 15.30

Vinyasa      Freestyle

15.45 - 17.00

Kundalini      Ashtanga

17.15 - 18.30

Yin-yang      Acroyoga

18.45 - 20.00

Yoga diner

20.00 - 22.30

Yoga party

WWW.TG1YOGA.NL